

Victoria West Elementary

E-Bulletin

October 14, 2022



Dear Families of Vic West,

At the end of each workday, I often drive home replaying the day in the mind. Over the past years, I've had to re-teach my brain to shift my focus away from the challenging or tiring parts of the day and reflect upon the 'daily wins'.

What went well today? What were the highlights of my day? These daily wins can be big or small and it helps my mindset to stay positive. Being able to shift our internal narrative and dialogue in a positive direction brings a happier and more hopeful outlook and is definitely an important way to show kindness and care to ourselves.

When we are able to show compassion for ourselves, we can then show compassion for others.

As we debrief our school days with our children, let's help our young learners to focus on their daily wins!

With Thanks,

Mr. Chiu – Principal

Mr. Galhon – Vice-Principal



IMPORTANT DATES

October 21 - Pro-D Day (no school for students)

November 5 - Bottle Drive

Bottle Drive

Last year the PAC held two successful bottle drives at Vic West and we are looking forward to raising even more funds to support students again this year!



The Vic West PAC will be having a no-sort bottle drive:



When:

Saturday, November 5th

Time:

10:00 am to 2:00 pm

Refundable containers can be dropped off at the front of the school.



The funds raised will be used towards the purchase of **digital microscopes**.

Friendly reminder to please
keep toys and Pokémon cards home.



VOLUNTEER



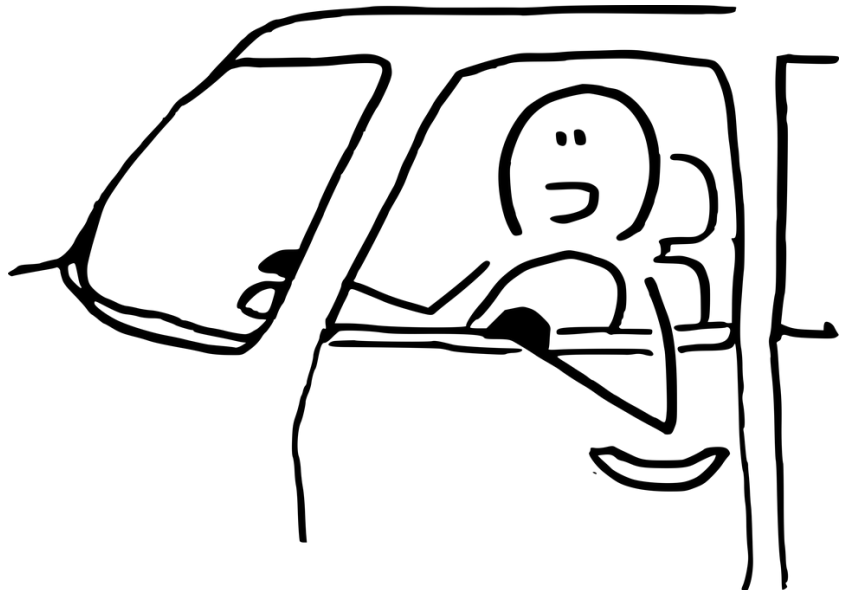
Volunteer driver

If you are a parent or guardian interested in volunteering as a driving for field trips at Victoria West Elementary, please complete the following steps:

Staff and Parent Drivers for Field Studies

1. **Form:** complete our school's "Volunteer Driver Form". A digital copy of the form is available at <https://vicwest.sd61.bc.ca/wp-content/uploads/sites/58/2022/05/School-Volunteer-Information-Form.pdf>
2. **Driver's License:** provide a copy of your Canadian Driver's License and insurance with a minimum \$1,000,000.00 3rd party liability.
3. **Driver's Abstract:** phone ICBC to get a copy of your Driver's Abstract. Our local number is 250-978-8300.
 - Once you receive your Driver's Abstract by email, please print it and bring it to us, or forward it to vicwest@sd61.bc.ca so we can print it and add it to our files.
4. **Criminal Record Check:** apply online for a Criminal Record Check at <http://justice.gov.bc.ca/eCRC/home.htm>
 - Use our school's access code: NPFWKLFY8. Your criminal record check will be sent directly to the school.

More information is available on the school website: <https://vicwest.sd61.bc.ca/parent-info-2-2-parent-info/volunteering-and-volunteer-drivers/>





Div. 1&3 have been studying the **petroglyphs of Vancouver Island** and pictographs of **central BC**. The students observed the differences between the two and the importance of these images. In connection with art, both divisions chose an image that was important to them to create their own pictograph.



1000X5 Books Part of October Fun Wee Ones Need Your Books



As you prepare for the end of the month celebrations with fun costumes and food, can you find a minute to locate 3 **gently used books for babies and toddlers** and drop them off in the pink bin by **door C**.

These books will entertain and enrich wee ones long after the October fun has ended.
277,000 books in 12 years!! Thank you.

LOST and FOUND

We are running out of space in our Lost and Found box.

The Lost and Found is going to be outside the Main Office Door (door C) for the next week.

Please check to see if any "lost" items belong to your child.

Thank you!

Please send your child with clothes for all types of weather. We will enjoy the West Coast climate throughout the year.

Boots and rain jackets are important.

Students will be outdoors a lot this year – recesses and lots of outdoor learning.



Terry Fox Fundraising

Thank you to the school community for supporting the Terry Fox fundraising for cancer research.

Our school raised
\$283.50!

Thank You

Daily School Schedule:

School Starts at 8:45 am

Recess: 10:15 am – 10:30 am

Lunch: Eating: 11:50 am – 12:10 pm

Outside Play: 12:10 pm – 12:35 pm

Dismissal at 2:37 pm

Supervision:

8:30 am – 8:45 am

2:37 pm – 2:52 pm

If arriving late for school, please send your child through the Main Entrance (Door C) to check in at the office.



We are happy that our students are using their bikes, scooters, skateboards, etc., but we do ask them to **walk all wheels on school property** for the safety of all.

Thank you for helping our school to be safe and run smoothly.

Dogs on leash, please.

"There are many parks and beaches throughout Greater Victoria where you can run your dog off leash."

"Public school grounds are NOT Leash Optional Areas at anytime."

Please keep dogs on a leash and be mindful of your pet's behaviors while on school grounds.



For more information about off-leash parks, visit: www.vacs.ca/leash-optional-areas

At Vic West Elementary, we will continue to create an inclusive and culturally responsive learning environment for all students with **an emphasis on the core foundations of learning (Social Emotional, Physical Literacy, Fine Arts, Literacy and Numeracy)** as part of our students' journey of self and their role in their community.





Help your school music program...

by shopping at Tapestry Music!

HOW? Sign up for Tapestry Rewards Program! You get a 2% store credit on every purchase of store merchandise. You can use this credit yourself for future purchase **OR you can donate them to your school music program or community music organization!**

When buying any merchandise in one of the **Tapestry Music** stores or online, **just tell them that you wish to donate your credit to Vic West Elementary.**

Why? This Tapestry Music's way of helping school stretch their budgets and encourage supporters to fundraise simply by shopping at Tapestry.

Questions? Call a Tapestry Music Store...

(250) 590-0752 Victoria



Parking Reminders

Just a reminder that **we have two spots for people with mobility challenges;** please do not park in them if you do not need to out of respect for those who do.



Please adhere to the no parking signs, particularly in the curve at the beginning of the drop-off zone. While we understand that parking is a challenge at Vic West, **we also need our Third Wave bus to be able to safely deliver students to school.**

Sometimes the bus is not able to enter the drop-off zone due to the congestion of cars in no parking areas.

We thank you for your cooperation and patience!

IMPORTANT—REPORTING ABSENCES

Please call the office (250-382-9131) OR email the office (vicwest@sd61.bc.ca) when your child will be absent from school.

Thank you.

Please contact us at vicwest@sd61.bc.ca with any questions or concerns.

Please check out the updates of amazing learning and community on our [school website](#).

You can find the school calendar on the website. Please check on a regular basis.

PAC Info

In-person PAC Meeting

We are excited to invite you to our first in-person PAC meeting since 2019 on **Tuesday, October 18th, 6-7:30pm**

It will take place in the school library and we will have tea and snacks to enjoy. We have lots of exciting news to share with you about upcoming events & fundraisers happening at the school. Please [fill out this form](#) so we can get to know you all.

Ongoing Fundraisers

Purdys:

[Purdys Chocolatier Group Savings and Fundraising](#)

Customer # 59825

Sailor Jack's: "Vic West Kids" T-Shirts

Visit Sailor Jack's Consignment (424 Craigflower Rd.), purchase a T-shirt for \$19.95 and \$5 from each sale will be donated to the Vic West Elementary PAC. Various styles and sizes.

Mabel's Labels:

Visit www.mabelslabels.ca and choose **Support a Fundraiser**, scroll down to **Vic West Elementary (Victoria)** near the bottom and choose our school. Get shopping for labels to keep all your kids' stuff organized and Mabel's Labels will donate 20% to Vic West PAC.

Finn & Izzy:

For every pair of regular priced shoes purchased at \$50 or more, Finn & Izzy donates \$5.00 to one of 25 local schools. Let them know you'd like the donation to go to Vic West Elementary and they'll do the rest! Finn & Izzy are located at 2259 Oak Bay Ave. finnandizzy.com

Donate Online: Get a Tax Receipt

Register for an account at <https://sd61.schoolcashonline.com/Registration/ProfileTabs>

Once you have an account you can go to <https://sd61.schoolcashonline.com/Fee/Index>

or click the '**Make a Donation**' button on the Vic West Elementary website <https://vicwest.sd61.bc.ca>

On the donation page choose or enter the amount you would like to donate and the fund destination from the dropdown list. Simply scroll down and choose '**Vic West Elementary - PAC**', fill in the Tribute info or message to the School Board (optional), then click 'add to cart' and proceed to the checkout. These funds will then go to the school but must be spent in consultation with the PAC. You can choose to have the funds go directly to the school however the PAC would have no say in how those funds are distributed or spent.

