

Victoria West Elementary

E-Bulletin

September 16, 2022



Dear Families of Vic West!

It is so wonderful to see our students settling in to school! They're actively building new routines, adapting to new expectations, and fostering new friendships and relationships with peers! There is a lot of positive energy, buzz, and excitement! It is great to continue to foster this sense of connectedness with our young learners and for them to feel that they are part of their classroom and school communities!

As we are keen to get the school year underway, we look forward to some great learning opportunities ahead, and we are excited to witness the growth and development of our students as the year progresses. We must be mindful that we have only just finished the second week of school and our school year is still in its beginning phase. As a school community, we ought to remind ourselves to adopt a steady, measured, and calm approach. At times, in order to go far, we must go slowly. This is great modelling for our young learners!

Thank you for another great week of school!

Mr. Chiu – Principal

Mr. Galhon – Vice-Principal



Daily School Schedule:

School Starts at 8:45 am

Recess: 10:15 am – 10:30 am

Lunch: Eating: 11:50 am – 12:10 pm

Outside Play: 12:10 pm – 12:35 pm

Dismissal at 2:37 pm

Supervision:

8:30 am – 8:45 am

2:37 pm – 2:52 pm

If arriving late for school, please send your child through the Main Entrance (Door C) to check in at the office.

IMPORTANT DATES

September 19 - National Day of Mourning

September 23 - Pro-D Day

September 29 - Orange Shirt Day

September 30 - National Day for Truth and Reconciliation (No School)

Friendly reminder to please **keep toys and Pokémon cards home.**





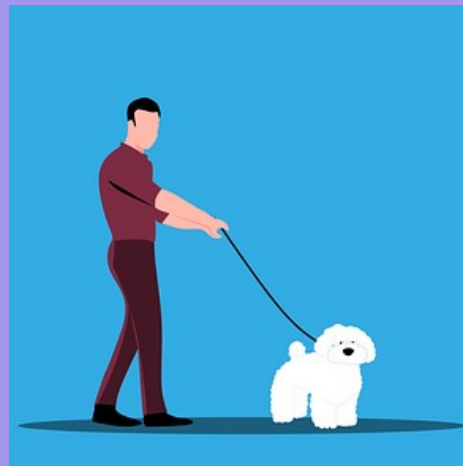
We are happy that our students are using their bikes, scooters, skateboards, etc., but we do ask them to **walk all wheels on school property** for the safety of all.

Thank you for helping our school to be safe and run smoothly.

"There are many parks and beaches throughout Greater Victoria where you can run your dog off leash."

"Public school grounds are NOT Leash Optional Areas at anytime."

Please keep dogs on a leash and be mindful of your pet's behaviors while on school grounds.



For more information about off leash parks, visit:

www.vacs.ca/leash-optional-areas



MENTAL HEALTH AND WELLNESS SNAPSHOT

SUPPORTING OUR STUDENTS BY SUPPORTING THOSE WHO CARE FOR THEM

Being mentally healthy during childhood means reaching developmental and emotional milestones and learning healthy social skills and how to cope when there are problems. Mentally healthy children have a positive quality of life and can function well at home, in school, and in their communities.

September Snapshot is a recap of our most relevant Snapshots over the past two years under the categories of



September 19, 2022:

National Day of Mourning to commemorate the funeral of Queen Elizabeth II

School District 61 will join the country in marking the passing of Her Majesty **Queen Elizabeth II** with a 10-day period of mourning and a national commemorative ceremony.

Government building flags throughout Canada will be flown at half-mast until sunset on the day of the funeral.

Elizabeth Alexandra Mary was Queen of the UK and Commonwealth realms for 70 years -- the longest recorded of any female head of state in history.

You can check the Premier's statement on national day of mourning to mark Queen's funeral at:

<https://news.gov.bc.ca/releases/2022PREM0063-001379>



National Reconciliation Day Ride

Capital Bike is pleased to partner with Orange Shirt Day Society and members of the Songhees Nation to present the second annual Reconciliation Ride.

This year, the ride will start in Songhees park at 10 am and kick off with remarks by Diane Sam. Then, the ride will proceed across Johnson street bridge and along protected lanes leading right up to the South Island Powwow at 11:45. Participants will arrive in time for the Grand Entry and are encouraged to stay. Bike Valet will be present to safely secure bicycles.

We need you!

We are looking for Rides Marshals for the event. Training will be provided. The time commitment will be for 2 hours prior to the event as well as 2 hours on the day of the event. If you are interested, please contact

niki.sutherland@capitalbike.ca



Check the poster at the end of this E-Bulletin



Please send your child with clothes for all types of weather. We will enjoy the West Coast climate throughout the year. **Boots and rain jackets are important.**

Our Vic West Wolf Pack will be outdoors a lot this year – recesses and lots of outdoor learning .



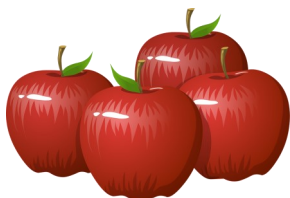
Lost and Found

Friendly reminder to put your **child's name** in jackets, sweaters and any other items that can get lost easily.

Breakfast and Veggie Programs

We will be starting breakfast program on Monday, September 12. Food will be served at the front of the school this year.

The fruit and veggie program will start again on September 26.



Parking Reminders

Just a reminder that **we have two spots for people with mobility challenges**; please do not park in them if you do not need to out of respect for those who do.



Please adhere to the no parking signs, particularly in the curve at the beginning of the drop-off zone. While we understand that parking is a challenge at Vic West, **we also need our Third Wave bus to be able to safely deliver students to school.**

Sometimes the bus is not able to enter the drop-off zone due to the congestion of cars in no parking areas.

We thank you for your cooperation and patience!

IMPORTANT—REPORTING ABSENCES

Please call the office (250-382-9131) OR email the office (vicwest@sd61.bc.ca) when your child will be absent from school.

Thank you.

Please contact us at vicwest@sd61.bc.ca with any questions or concerns.

Please check out the updates of amazing learning and community on our [school website](#).

You can find the school calendar on the website. Please check on a regular basis.

PAC Info

Ongoing Fundraisers

Sailor Jack's: "Vic West Kids" T-Shirts

Visit Sailor Jack's Consignment (424 Craigflower Rd.), purchase a T-shirt for \$19.95 and \$5 from each sale will be donated to the Vic West Elementary PAC. Various styles and sizes.

Mabel's Labels:

Visit www.mabelslabels.ca and choose **Support a Fundraiser**, scroll down to **Vic West Elementary (Victoria)** near the bottom and choose our school. Get shopping for labels to keep all your kids' stuff organized and Mabel's Labels will donate 20% to Vic West PAC.

Finn & Izzy:

For every pair of regular priced shoes purchased at \$50 or more, Finn & Izzy donates \$5.00 to one of 25 local schools. Let them know you'd like the donation to go to Vic West Elementary and they'll do the rest! Finn & Izzy are located at 2259 Oak Bay Ave. finnandizzy.com

Donate Online: Get a Tax Receipt

Register for an account at <https://sd61.schoolcashonline.com/Registration/ProfileTabs>

Once you have an account you can go to <https://sd61.schoolcashonline.com/Fee/Index>

or click the '**Make a Donation**' button on the Vic West Elementary website <https://vicwest.sd61.bc.ca>

On the donation page choose or enter the amount you would like to donate and the fund destination from the dropdown list. Simply scroll down and choose '**Vic West Elementary - PAC**', fill in the Tribute info or message to the School Board (optional), then click 'add to cart' and proceed to the checkout. These funds will then go to the school but must be spent in consultation with the PAC. You can choose to have the funds go directly to the school however the PAC would have no say in how those funds are distributed or spent.

National Reconciliation Day Ride



Fall GoByBike Week 2021
during

Thursday, September 30 2021; 10am - noon.

Family-friendly ride; easy pace.

Leave from Centennial Square, Broad and Pandora Streets, Victoria.

details: capitalbike.ca: GBBW2021 events

victoria
**ORANGE
SHIRT
day**



Capital Bike

XE XE SMUN' EEM

EVERY *Child* MATTERS

