



**Victoria West Elementary e-Bulletin**  
**November 12-November 16, 2018**

**\*\*See Attachments\*\***

**Please check the School Website for Daily Updates and Tweets! 😊**

**No School Monday, November 12, 2018**

**From the PAC**

Vic West PAC Holiday Sale Donations:

Donations are already flowing in for the holiday sale coming up on December 7<sup>th</sup>. We have boxes placed at the main doorways to the school to accept any clean and gently used items of the following:

Toys, housewares, books & games, stuffed animals, home décor, jewelry & accessories. **We are not able to accept any clothing items or food donations.** If you have any questions regarding donations, please contact us on Facebook in the **Vic West Elementary PAC** group or via email at **vicwestpac@gmail.com**.

Thanks for your support!

\*More info coming soon on the particulars of the sale.

**ChoirKids**

We are well into the swing of things with our grades 1-5 students who have joined Choir for this term. **A reminder to parents and guardians that it is very important to report to the office if your child will be absent from Choir.** We take attendance each Thursday to ensure that your child is safe and accounted for and it is very helpful to us here to know if you have picked them up and excused them for the day. Thank you for your continued help and support with this! 😊

**Library**

It's now November and students have been working hard on various projects in the library. Primary students have been focused on literacy activities based around fall and Halloween while intermediate students have been working on the ADST curriculum through coding. It's been great to see all our students hard work and the many creative projects they have come up with!



**Community Reading in the Library**

The library is open daily from 8:30am. As the weather gets a little colder and wetter, the library is a great place to spend the mornings reading with your children.

**1000X5**

**1000 Books by Age Five**

**Children's Book Recycling Project Greater Victoria**

**WOW!!**

163,000 books in 7.5 years to babies and preschoolers! 1872 books have been donated by Vic West Elementary alone.

## **Have you found the pink bin in the Office?**

Help all children enter the early literacy club.

## **ADHD free presentation**

On November 22<sup>nd</sup>, Quadra Elementary School will be hosting an evening presentation for parents and educators called "I Never Knew That About ADHD!". Here is the description of the event:

Child psychologists Dr. Barbara Kennedy and Dr Marei Perrin from Child and Youth Mental Health are sharing their vast knowledge on the topic of ADHD. How is it diagnosed? Will it go away as an adult? Aren't all kids hyperactive? Why would I bother to bring my child in for help? And many more pressing questions. Be prepared to have your preconceptions blown away. This illness is not what most of us think it is!

Following Dr. Kennedy, Rey Marx, London Drugs pharmacist, will ponder the questions surrounding medication use. Is it safe? Will it make my child a zombie? Are there good and bad choices in medications?

Time at the end will be reserved for questions to our presenters. Limited child care spaces will be available in Quadra Elementary School Library. This event runs from 6:00-7:30.

*Eventbrite Link:*

<https://www.eventbrite.ca/e/i-never-knew-that-about-adhd-tickets-50718851450>

**Tickets are free but must be reserved ahead of time.**

## **Parking at Vic West**

There are certain areas that are unsafe and illegal to park in. In order for the morning and afternoon flow of traffic to remain safe to all persons on our school grounds, it is important for drivers to be aware of where it is ok to park and drop off/pick up. **Please do not park behind the school by the gym.** It is very difficult to be seen in that area, and there is a major safety concern for our students and staff. In addition, **please do NOT park in the handicapped parking areas as these are needed by some of our community members.**

## **Late Arrivals/Early Departures - Need a Welcome Slip from the Office**

Please ensure that your child comes to the office if they are late. They will be asked to sign in and take a welcome slip to class. Leaving prior to the bell, also requires a visit to the office so that your child can sign off and be on their way. This practice ensures that we know where your child is while in our care.

## **Child Alert:**

**Please let the school know if your child is going to be late or away from school. This saves our office staff valuable time. Please remember to phone the office and let us know. You are welcome to leave us a message 250-382-9131.**

## Victoria West Elementary Daily Times

School Starts	<b>8:45 am (8:47 Mondays)</b>
Recess	<b>9:53-10:08 am</b>
Lunch Eating	<b>11:50 am - 12:10 pm</b>
Lunch Playtime	<b>12:10-12:35 pm</b>
Dismissal	<b>2:38 pm</b>

### **November 2018**

**November 12 - no school - In lieu of Remembrance Day**

November 14 - 6:30 to 8pm PAC meeting in the library

November 15 - 1pm Artstarts Performance - Blues Berries - in the gym - families are welcome 😊

November 22 - 6:30 to 8pm - PAC Family Games Night - in the gym

November 23 - Pro D Day - no school for students